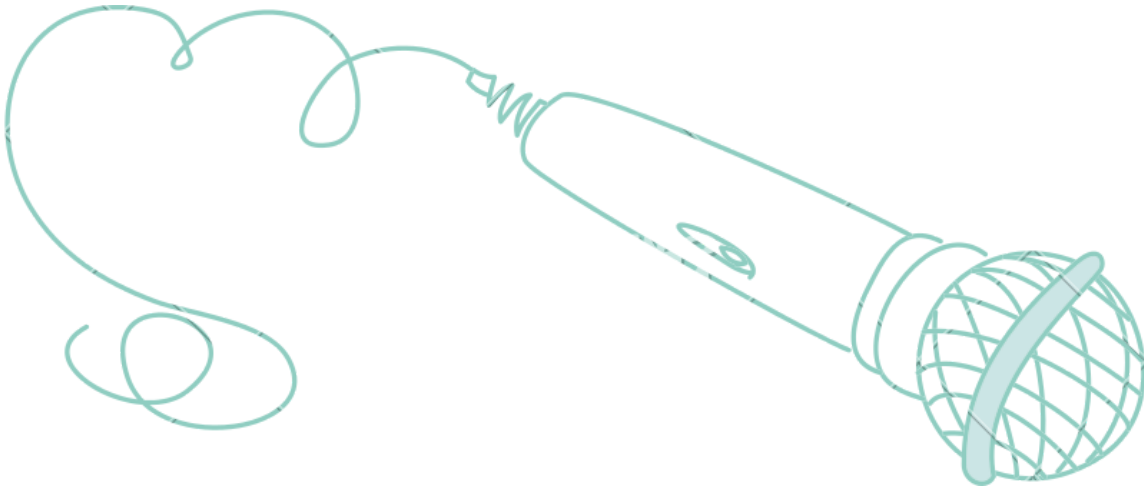


THE SPHS STUDENT VOICE

The Official Newsletter of IU Speech and Hearing Sciences



Must-Read Articles

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Mark Your Calendars

- **Tuesdays:** NSSHLA study tables, 6:15 - 8:15 pm, SPHS C141
- **March 22:** UTA program application due to gershkof@indiana.edu
- **March 28:** Baking at Jill's House, 6 - 7:30 pm
- **April 1:** ASL Club Meeting, 5:30 - 6:30 pm, Ballantine 304
- **April 3:** College to Career Workshop: How to Use Your SPHS degree to Land a Job. Great for those taking a gap year or wanting to explore careers outside of the traditional SLP/AuD path, 5:45 - 7 pm
- **April 10:** NSSHLA general meeting, 6 - 7 pm, SPHS C141
- **April 11:** ASL Symposium at 6:45pm
- **April 15:** ASL Club Meeting, 5:30 - 6:30 pm, Ballantine 304
- **April 18:** Bowling for Brain Injury, 6 - 10 pm, IMU Bowling Alley
- **April 18:** Delta Zeta Speech and Hearing Fundraiser, Time TBA
- **June 11- 21:** Camp Connections; volunteers needed, contact achampio@indiana.edu if interested!

To keep your calendars updated with upcoming events in the department, check out the new whiteboard upstairs in the back hallway near Mia's office!



Faculty Spotlight: Dr. Jennifer Lentz

Maggie Goldberg, Hannah Olenec, Michelle Murashev

We sat down with Dr. Jennifer Lentz, professor and current chair of the Speech and Hearing department. Dr. Lentz was born in Philadelphia but grew up in a small farm town in Illinois, about 60 miles south of Chicago. She attended the University of Iowa for her undergraduate studies in Biomedical Engineering.

Surprisingly, Dr. Lentz never formally studied Speech and Hearing Sciences. While getting her PhD in Biomedical Engineering, Dr. Lentz worked in an auditory perception lab where she became interested in hearing loss. This new interest carried over into her postdoctoral research where she studied hearing loss in army populations- both active duty and retired military. Her postdoctoral research centered around how sensorineural hearing loss changed the way people perceive sounds, a research topic that she has continued investigating while at IU.

Dr. Lentz is involved with extensive research in the department and is in charge of the Auditory Perception Lab. She is studying the perception of listeners who have hearing loss and tinnitus. Sound distortion is one reason for why a person's sound perception may change. She mentioned that hearing aids could change the way sounds are represented and how someone with hearing loss might interpret those sounds. In studying this, she is hoping to help develop more advanced hearing aids that allow people to communicate better. Dr. Lentz is also trying to find a way to measure tinnitus since there currently is, unfortunately, no way to test for it.

She made the courageous journey up Mount Kilimanjaro in 2007 and found it "cool but challenging."



Dr. Lentz finds her position really rewarding because she is able to teach classes while establishing herself as a scientist and help people in the process! As a professor, she likes to change up her classes by trying out new teaching techniques such as implementing apps and other interactive ways to engage her students. She also enjoys the flexibility that comes with working for the Speech and Hearing department. She likes the idea that she isn't working a 9-5 job and can get work done from home. Another thing she appreciates about her position is the access she has to going to workshops and presentations by guest speakers.

With all of the work she does in the department, Dr. Lentz makes sure to enjoy her free time with various exciting activities. She loves trying different foods and happy hour. Art films around Bloomington and in the IU Cinema are something she really loves. Dr. Lentz also stays active and participates in disk golf (a variation of golf played with frisbees), enjoys running, being outdoors, hiking in Brown County or McCormick, and camping. Dr. Lentz also has quite the impressive travel log and has been on every continent except Antarctica. She made the courageous journey up Mount Kilimanjaro in 2007 and found it "cool but challenging." She has also been to Hong Kong and Peru, but Thailand is definitely one of her favorite places. Additionally, one of her travel goals is to visit every national park in the continental United States.

On the Ground Report

SLP-A Program

Ailyn Vargas, Anna Hopkins

Did you know that IU has a Speech Language Pathology Assistant (SLP-A) program? This program is a great option for undergraduate students who are not sure if they are able to get into graduate school or don't want to go to graduate school. The program is completed during a student's senior year of undergraduate and prepares them to serve as support personnel to SLPs in a variety of settings.

Students who join the program travel to Indianapolis public schools once a week with classmates and work from 8:30 AM - 2:00 PM. Students also take one academic course each semester while completing practicum hours. A total of 100 clinical observation hours are completed and allow students to learn about language acquisition achievement and receive a good sense of what an SLP does.

Each year, the program accepts 7 students with a cumulative GPA between 3.0 - 3.4. To be eligible, students must have taken or are currently taking S108 and S106, Phonetics, Speech Anatomy and Physiology, Acoustics / Physics of Sound, Introduction to Research in Speech Language and Hearing Sciences, Speech Science and Hearing Science and an elective, such as Voice disorders or Principles of Speech pathology.

For more information contact program supervisors Emily Antsy: eansty@indiana.edu and Jennifer Whitley: whitley@indiana.edu

New Regional Academic Health Center

Dr. Lisa Gershkoff

Exciting changes are coming to the SPHS Department! Last year officials at Indiana University broke ground for the new Regional Academic Health Center (RAHC). The center will consist of both a state-of-the-art teaching hospital and an academic health science building that will house the Departments of Nursing, Medicine, Social Work, and Speech and Hearing Sciences. The SPHS clinic and research labs will move to the new building, as will faculty offices. The RAHC will substantially expand opportunities for graduate students and faculty conducting cutting-edge research. Even though the RAHC is scheduled for completion in 2020, the SPHS Department is not expected to move until the summer of 2021.

So, what do these changes mean for SPHS undergraduates? While several active-learning classrooms will be available for graduate education at the new building, undergraduate classes will continue to take place on IU's main campus. Students working in research labs or meeting with faculty can expect to shuttle back and forth between locations. Although plans for the current SPHS building have yet to be announced, it will no longer serve as a home base for SPHS students or faculty. Because of this, there is concern that the cohesiveness of the undergraduate program may be challenged. The good news, however, is that the Department is working towards developing unique space dedicated to SPHS undergraduates elsewhere on campus. We envision this new space to provide offices for student contact, a teaching laboratory, and a group space for student meetings and organizations. Essentially, we view this space to be a new "home" for SPHS undergraduates.

How do you envision the future of the SPHS Department? Join the many student organizations in SPHS and let your voice be heard.



New Regional Academic Health Center, picture from IDS

What I Wish I Knew

Observation Hours

Emma Brown

Most SPHS students know they need to obtain observation hours but the details of how and when to obtain them is very hazy. I wish I had known that I could start early, observe from home, and how to log the hours.

How many do I need?

For Speech-Language Pathology students, you need 25 hours of observation. For Audiology students, there isn't a set number of hours required prior to graduate school; however, it is highly recommended that students still observe and record the hours.

How do I get them?

There are three ways to get observation hours:

In-person observation – you can schedule time to observe a client in the IU Clinic or with a SLP/Audiologist elsewhere. It is crucial to schedule early, come dressed appropriately, and be prepared for potential cancellations.

Video Observation – the IU Clinic has videos of previous sessions available for students to check out and watch for observation hours. You check-out the videos at the front desk of the Clinic between 8 am – 5 pm. The videos must be watched in the building and have to be returned by 5 pm on the day it was checked it out.

Master Clinician Network – an online website that has videos of assessment and intervention sessions from across the country for both speech and audiology students. There is a fee to become a member, but once paid you can watch the videos for observation credit.

How do I receive credit for my observation?

You will need to have the clinician you observed (if an in-person observation was done) to write a brief overview of what type of session you saw, the amount of time you observed, and their ASHA membership number. Keep these documents safe as they are the proof of your observation. If you observed a video, either in the department or on Master Clinician Network, you must take session notes and bring them to the secretary of the Clinic. Laura Karcher, director of SLP Clinic, will sign your forms and you can pick them up after a day or two.

Involvement

Michelle Murashev

● One thing I wish I would have known earlier on in my college career is the importance of becoming involved both inside and outside the major.

● Getting involved in clubs or student organizations within the major is a great way to become connected with faculty and peers who share common interests with you. It's also a way to make connections, which becomes very important when applying to graduate school and jobs.

● The National Student Speech Language Hearing Association (NSSLHA) at IU is a very active and rewarding group to be involved in that allows future SLPs/AuDs to get to know one another, volunteer in the community together, and raise money for important causes. The SPHS Student Advisory Board is a new organization that students can join as well. The Board aims to increase awareness throughout the department by spreading information, such as through this newsletter. Also, be sure to check out the Student Academy of Audiology, ASL Club, or Operation Smile! Joining one of these SPHS clubs, participating in research with a faculty member, becoming a UTA, or joining a group outside of your major that you enjoy are all great ways to make connections and enhance your student involvement.

● To learn more about organizations you can become involved in, check out IU's beINVolved website or go to the student involvement fair that occurs at the beginning of each semester!

Check out some of these organizations' meetings in the 'Mark Your Calendar' section

Frequently Asked Questions

Q: I want to minor in _____, but it doesn't really relate to Speech & Hearing Sciences. What should I do?

A: There are two main reasons students chose to minor in something. The first is because the topic is one that will be helpful for their planned career. The second is because the topic is something the student is passionate about. BOTH are excellent reasons to pursue a minor! If you have room in your schedule to follow your passions and minor in something different than your peers, do it! You'll be making the most of your time at IU and you'll have something academically that makes you stand out. (answer from Undergraduate Academic Advisor Mia Ranard)

A: Get to know your professors! They are people with interests both in and out of the classroom. Don't view office hours or scheduling a time to meet as something you only do when you're struggling. Take the opportunity to meet with each of your professors and talk a little about what interests you in the field, questions you have about their research, goals you have, etc. They are a wealth of knowledge and by building a relationship with them now you are helping to form bonds and strengthen the community that is our department. (answer from Undergraduate Academic Advisor Mia Ranard)

Q: What can I do to get good letters of recommendation?

Q: What is the GRE? Do I have to take it?

A: The GRE is a standardized exam that can be computer or paper delivered. It is comprised of three sections which are analytical writing, verbal reasoning and quantitative reasoning. If you are planning to continue your education in a Speech Pathology Masters or Audiology Doctoral program, the majority of programs require the GRE as a part of the admissions process. To sign up, visit ets.org/gre.

A: If you observe in the Robert L. Milisen Speech and Language Clinic here at IU there are two forms which need to be filled out. First, you'll fill out a Narrative Clinical Observation Record and write a summary of the session you observed. Second, you'll give the Clinical Observation Signature Form to the supervisor of the session to sign and write their ASHA number. These forms can be printed off the Indiana Department of Speech and Hearing Sciences website or they can be found in the front office of the Robert L. Milisen Speech and Language Clinic. If you are obtaining observation hours outside of the department, these can be recorded by obtaining a formal letter from the clinician at the outside site on the institution's letterhead with the clinician's ASHA membership number included. These letters can then be submitted to your future graduate program for approval to count towards fulfilling ASHA requirements. (answer from <http://www.indiana.edu/~sphs/academics/undergraduate/observationForms.shtml>)

Q: Where do I log observation hours?