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A Note From the Director of Undergraduate Studies

Welcome to the inaugural issue of the SPHS Student Voice! In these pages, the newly created Student Advisory Board (SAB) is pleased to introduce what's happening in the SPHS Department and to highlight some of our outstanding students, teachers, and support staff. With the help of numerous student volunteer writers, researchers, and editors, we will inform about upcoming events, tips to help you navigate successfully through the undergraduate program, and interesting news stories about students and faculty working together in the classroom, laboratory, and clinic. This newsletter will be issued 1-2 times per semester.

If you are interested in learning more about how to contribute to future newsletters, please email the SAB Chair, Maggie Goldberg at magggold@iu.edu. If you have any questions or comments about the content of the newsletter, please email Dr. Lisa Gershkoff at gershkof@indiana.edu.

Finally, a big thank-you to the numerous students, listed below, who devoted their time and energy to put this first newsletter together!

Lisa Gershkoff
Director of Undergraduate Studies
Department of Speech and Hearing Sciences

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SPHS News Flash

Fall 2018

MEGAN DIEKHOF: WINNER OF AWARD FROM ACOUSTICAL SOCIETY OF AMERICA



Megan Diekhoff is the recipient of the Robert W. Young Award for Undergraduate Student Research in Acoustics from the Acoustical Society of America. Each year, the Society-level award recognizes top undergraduate researchers from around the world in the field of acoustics. Award selection is based on a research proposal that builds from previous demonstration of excellence in acoustics research. For the latest 2018 Award, Megan was selected along with three other student researchers.

Megan's research investigates student clinicians' self-awareness of tongue position during rhotic sounds. She is a research assistant in the Speech Production Laboratory; her advisor is Assistant Professor Steven Lulich.

SPHS DEPARTMENT AWARDS FOUR RESEARCH GRANTS TO STUDENTS

Four SPHS majors will receive \$500 grants after submitting research proposals to the Undergraduate Research Grant (URG) review committee! This year's award winners are:

Amelia Guzik

Grace Haines-Gallagher

Courtney Jewell

Shivani Patel

URGs are open to all SPHS majors, without regard to honors status. More information can be found at:

<http://www.indiana.edu/~sphs/academics/undergraduate/urg.shtml>

PHI BETA SCHOLARS ANNOUNCED

Seven SPHS students have recently been elected to Phi Beta Kappa, the oldest and most prestigious academic honor society in the country. Only a very select number of students at member institutions are elected annually. The Indiana University chapter of PBK recognizes the following students for the excellence and breadth of their undergraduate scholarly accomplishments:

Paige Brucker

Anne Childers

Amelia Guzik

Bailey Kaake

Madeleine Pierce

Micara Threlkeld

Amanda Tolen

On The Ground Report

RED BIRD MISSION TRIP

This past October, a group of Au.D students and clinical faculty made their annual trip to Red Bird Mission to offer hearing services to individuals who live in a rural distressed area that is chronically under-served. Among the services they provide are hearing tests, hearing aid fittings, hearing aid repairs and adjustments, and school hearing screenings. This year, the group screened approximately eighty 1st – 7th graders, as well as a group of high school age students from Africa.

Families often come from more than three hours away to attend this event. The Au.D students were kept busy – they saw as many as 8 adults per hour for 2 days. In addition, the students raised \$3581 in donations this year, which are used for hearing health. Clinical Supervisors included Lis Goerner, Carolyn Garner, Stephanie Wieczorak, Matthew Walker, and former students Carrie Herbert and Liz Crockett Rogers.



AMERICAN SIGN LANGUAGE SYMPOSIUM

On October 18, American Sign Language (ASL) students flocked to the Musical Arts Center for the annual ASL Symposium. This year, IU hosted Magic Morgan and Liliana, two Deaf comedian-magicians, who have been performing around the United States and internationally since 1993.

The ASL students and staff had a great time attending Magic Morgan and Liliana's show, which was filled with illusions,

live animals, and plenty of audience participation. Some of their illusions included card tricks, disappearing white doves, and escaping handcuffs.

The show was popular among students and proved to be a great way for students to use the skills learned in their classes. We look forward to seeing what other fantastic performances students will experience in the coming years. Stay tuned for more information!

IU SCIENCE FEST 2018

On October 27th, NSSLHA and SAA worked together to educate children on speech and hearing sciences in a fun atmosphere at IU Science Fest. The Fest included a dancing hair cell, viewing eardrums larger than life with video otoscopy, communication boards, and information on vocal abuse and noise exposure. Balloon animals were provided by students recruiting for subjects for Tessa Bent and Lisa Gershkoff.



Faculty & Staff Spotlight: Mia Ranard

Maggie Goldberg, Hannah Olenec



We sat down with our newly appointed SPHS Academic Advisor, Mia Ranard, as our first staff spotlight interviewee to get to know more about her, her career, and what advice she has for her students!

Mia is originally from Spencer, IN, which is about 20 miles west of IU. Mia went to IU for undergrad and majored in international studies. Specifically, her interests lie in the areas of West Africa and Medical Anthropology, which led her to think that disability is a cultural outlook and that there are different models for how to define people. This sparked her interest in special education. Mia worked at IU as a financial aid advisor while in grad school for special education and enjoyed being able to help students. After grad school, she moved to St. Louis to be a special education teacher.

Mia said the most enjoyable parts of special education were meeting with students and parents to help set and meet goals. Mia came back to IU last March to be an academic advisor because she wanted to work with students and help them plan goals and explore careers.

Academic advisors on campus meet monthly to discuss issues with students. Some of the issues they discuss are students' mental health, how students can meet goals, and how the workforce has changed and continues to change. They try to predict how the workforce will function in the future in order to prepare their students in the most effective way possible.

Mia enjoys helping students feel more comfortable in their ability to make decisions for themselves. She says that many people change their major, pick up a minor, and look into graduate programs; students learn to make these choices for themselves instead of basing their actions on what parents

or other people tell them to do. She enjoys witnessing students becoming individuals and choosing their own paths.

Mia's advice for students:

Freshmen: Explore different departments. Try and get involved with groups out of your comfort zone (jobs, volunteer groups, clubs).

Sophomores: Get experience in different job environments. In doing this, you find what aspects of each environment you like or don't like; it will help you prepare for the future.

Juniors: Get to know your professors as people. Great ways to do this are to go to office hours, discuss research over coffee, and talk about interests outside of the department.

Seniors: Enjoy it! Undergrad is a special time where you can take different classes, do fun stuff, and be a kid in terms of responsibilities; make the most of that. Don't put too much pressure on yourself. Anyone can take a gap year. Grad school will always be there.

Frequently Asked Questions

If you have any further questions for the next newsletter please submit them to this link:

https://docs.google.com/forms/d/e/1FAIpQLSd1UCSyj4k2DCQ-PmVljbKAm_uohBNZH0ZpmN1Ra6566djgQ/viewform?usp=sf_link

Q: What are some clubs that have to do with speech and hearing sciences?

A: One club that individuals can get involved with is *the National Student Speech, Language, and Hearing Association (NSSLHA)*, an organization that specializes in professional development for students in communication sciences and disorders. There is also *the American Sign Language Club*, an interactive place for students to engage in ASL with all levels of signers; *Student Audiology Association (SAA)*, which introduces students to lifelong involvement in activities that promote the profession of audiology and the clients they serve; and *Operation Smile*, an organization that raises money, awareness and resources for individuals with cleft palate to be able to get the surgery and medical attention. These are just a few! To find out more information about them visit beinvolved.indiana.edu.

Q: What GPA is required to apply for the graduate programs in speech and hearing science at IU?

A: IU's department of Speech and Hearing Sciences requires a minimum GPA of 3.0 to apply to either the Master's program in Speech Language Pathology and/or the Doctor of Audiology program. For a Ph.D. program, it is *recommended* that an applicant has at least a 3.0.

Q: How many clinical observation hours do speech and hearing science majors need to complete?

A: In their undergraduate career, it is recommended that Speech and Hearing Science majors complete approximately 25 observation hours. However, Laura Karcher, clinical coordinator, says that these hours are not mandatory before applying to graduate school. It is simply *recommended* that students pursuing higher education complete 25 observation hours in undergrad to get a head start on the 400 total hours they will need to become a certified professional.

Q: What else can you do with a Bachelor's degree in Speech and Hearing Sciences?

A: While undergraduate studies in SPHS provide a suitable preparation for graduate studies in Speech Pathology and Audiology, a degree in SPHS can lead to a range of additional career choices in the field of social and human services, healthcare, education, marketing and business, and non-profit administration. Additionally, you could become a *Speech Language Pathology Assistant (SLPA)* or *Audiology Assistant*, which serve to supplement the services of ASHA-certified SLPs and Audiologists.

Q: What are NSSLHA Study Tables?

A: NSSLHA Study tables are opportunities to meet with fellow SPHS students to study for shared courses. Dates and locations of study tables are typically released on flyers around the SPHS building, or check out NSSLHA on BeInvolved.

MARK YOUR CALENDAR



- Dec. 10-15: Finals Week
- Dec. 10: Online Course Evaluations close at 7:30 am
- Jan. 7: First Day of Classes in the Spring Semester
- Jan. 15: IU MA Program and Au.D. Program application deadline for Speech and Hearing Science

What I Wish I Knew

Undergraduate Teaching Assistants (UTAs)

Emma Brown

In my first two years of college, I took many classes that had a senior member of the Speech and Hearing Sciences Department serving as an Undergraduate Teaching Assistant. I wish, looking back on those classes, that I had better utilized the assistance offered by the UTAs. They help students in numerous capacities that complement assistance provided by the professor. For example, one of the UTAs held weekly office hours in addition to the professor's office hours. In another class, the UTA made a Quizlet for students to use as a study aid. I went through most of my

undergraduate classes without reaching out to these students and not being a consumer of the resources made available to me. I encourage all that have a UTA in their class this semester or next to say hi, go to a review session they are holding, or ask them a question in office hours. They are knowledgeable on the topics discussed and excited to help!

You can become a UTA yourself by applying the spring semester of your junior year. This experience has been one of growth and unique opportunities!

Course Planning Resources

Michelle Murashev

There are many resources to help students plan out courses for their undergraduate career, including meeting with your academic advisor, checking your Academic Advising Report (AAR), and reading the Speech and Hearing Sciences academic bulletin associated with your year.

Your advisor – Mia – has the most updated information about degree requirements and has personalized information for your academic history. Mia's office is located in the SPHS building – upstairs in room C134!

Your Academic Advising Report (AAR) can be found on your Student Center through one.iu.

This report details what courses you have taken and what requirements you have yet to complete.

The Speech and Hearing Sciences Academic Bulletin has additional information about course requirements. There are bulletins that are dependent on what year you entered the university. It is important to make sure you are consulting the appropriate bulletin as the requirements do change from year to year.

I utilized all these resources to help organize myself, plan ahead, and to be aware of what exciting courses and opportunities I could look forward to in my few years at IU.

Clinical Observation Opportunities

Ailyn Vargas

I wish I had felt more comfortable with the process of observing in the clinic as a freshman. Observing in the clinic helped me confirm that I want to become a Speech Pathologist and work with bilingual clients. Observations also helped me relate to the material that was being taught in my lectures.

I recommend that everyone observe as much as they can, whether it is required for your classes or not! To sign up for an observation session, simply enter the Speech & Hearing Clinic and go to the front office (first door on the right) and ask for the blue binder. Remember to wear the appropriate clothing when you attend an observation.

For women: pants, skirts, and dresses are appropriate.

For men: cargo pants, collared shirts and sweater are appropriate (ties & jackets are not required). To keep track of hours, hold onto the Narrative Clinical Observation Record and Summary of Clinical Observation Record papers, found on the departmental website or inside the front office of the clinic.

